

# COVID-19 Guidance for Parents/Carers in Bedford Borough Education Settings From 24<sup>th</sup> Feb 2022

For any **SUSPECTED** or **CONFIRMED** case of COVID-19 in a young person please follow the flow chart below.

**SUSPECTED** case if child/young person has COVID-19 **symptoms**

**Key symptoms:**

- A new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia).

**Additional symptoms** that may be early warning signs of COVID-19 in children include upset stomach, headache, sore throat, unusual fatigue.

Book a **PCR test** as soon as possible online via the website [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus). Alternatively a PCR test can be ordered by phone on **NHS 119**.

**Ensure child/young person stays at home until test result**

The rest of the household are advised to minimise contact with positive case, work from home where possible, avoid contact with vulnerable people, limit close contact with people outside your household, wear a face covering in crowded spaces.

**Children, young people** who live with someone who are positive can continue to go to their education setting.

**Result of test**

(notify setting as soon as possible).

**NEGATIVE**

**POSITIVE**

**Young person can return to setting once well.**

**CONFIRMED** case(s) following a Positive PCR Test

**Positive PCR Result**

Inform the setting of positive test. Young person must stay at home. The rest of the household are advised to minimise contact with positive case, work from home where possible, avoid contact with vulnerable people, limit close contact with people outside your household, wear a face covering in crowded spaces.

**Children, young people** who live with someone who are positive can continue to go to their education setting.

**Ensure positive young person stays at home for 10 days.**

ALL children/young people **are advised** to take an LFD test on Days 5 & 6 – 24 hours apart.

2 X negative tests mean they can return to setting following the second test, if they do not have a temperature (see table below).

For **symptomatic** cases the day the symptoms began is DAY ZERO. You need to add 10 further days after DAY ZERO.

For **asymptomatic** cases the date of the test is DAY ZERO. You need to add 10 further days after DAY ZERO.

If anyone else in the household becomes unwell and tests positive for Covid-19 they will need to stay at home for 10 days. They **are advised** to take an LFD test on Days 5 & 6 – 24 hours apart. 2 X negative tests mean they can end return to their normal routine – (see table below).

**CONFIRMED** case(s) following a Positive LFD Test

**Positive LFD Result**

You no longer need to take a follow up PCR test.

Report the positive test result online at:

[Report LFD result on GOV.UK](https://www.gov.uk/report-lfd-result)

Inform your setting of the positive result.

**How to safely return to your normal routine before 10 days**

Day	How to safely return to your normal routine before 10 days		
0*	Stay at home		
1-4	Stay at home		
5	Take an LFD test		
	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; text-align: center;">LFD is <b>negative</b>, stay at home</td> <td style="width: 50%; text-align: center;">LFD is <b>positive</b>, stay at home</td> </tr> </table>	LFD is <b>negative</b> , stay at home	LFD is <b>positive</b> , stay at home
LFD is <b>negative</b> , stay at home	LFD is <b>positive</b> , stay at home		
6	Take an LFD test		
	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; text-align: center;"><b>LFD is negative</b> return to normal routine**</td> <td style="width: 50%; text-align: center;">LFD is <b>negative</b>, stay at home</td> </tr> </table>	<b>LFD is negative</b> return to normal routine**	LFD is <b>negative</b> , stay at home
<b>LFD is negative</b> return to normal routine**	LFD is <b>negative</b> , stay at home		
7	Take an LFD test		
	<b>LFD is negative</b> return to normal routine**		

\* Day your symptoms started or your test was taken if you do not have symptoms

\*\* You can return to your normal routine if you do not have a high temperature