

Dear Parents and Carers,

It's been a wonderful start to the new school year at Christopher Reeves. The children have settled well into their new classes and have made a great start to their learning. We have loved welcoming the new children into our Reception class and they seem to have already settled in very well. I would like to take this opportunity to extend a welcome to our new families that have joined us this year. It is lovely to see new faces and hope you have been made to feel very welcome. We are all looking forward to a great school year ahead. We hope this newsletter will keep you updated with everything going on in school.

### Christopher Reeves Values

During the summer term, we worked hard on developing our school vision and values. The staff and children have chosen our Bible verse which demonstrates our motto 'Living Our Values'.



This half term, our value is thankfulness. God teaches us that we have so much to be thankful for and I feel this more so than ever that we are able to be back at school altogether, enjoying our learning and everything that community brings.

*"Give thanks to the Lord, for he is good; his love endures forever."  
Psalm 107:1*

### Who can I contact?

If you have any queries about your child and their education, please contact your child's class teacher in the first instance. They will be available at the classroom door each day at the start and end of school.

If you need to speak with a member of staff about SEND or behaviour, please contact the following members of staff:  
SEND – Mrs Aellen (Juniper Class)  
Behaviour – Mrs Clark (Willow Class)

### Safeguarding

The safety and wellbeing of our school community at Christopher Reeves is a priority. If anyone has any concerns about the safety and welfare of a child, you can speak with Mrs Bush or Mrs Clark who are the school safeguarding leads.



Bedford Borough  
Safeguarding Children Board

### New Start to the School Day

You will have noticed that the children are now being invited to come straight into the classroom as soon as they get to school at 8.45am. This is to maximise learning and encourage a calm start to the school day. Please encourage your child to enter school independently and settle to their Early Morning Activity.

## A Few Reminders

- All morning snacks should consist of either a piece of fruit or vegetable.
- Water bottles need to be filled with water only please.
- Please remember to name all of your child's school uniform, including coats, hats, shoes and P.E kits.
- Please be mindful of our neighbours when parking your car for drop off and pick up. These are busy times of the day and we want to ensure that the children are safe and that our neighbours are still able to access their property. Please note that we do have an arrangement with the cricket club to be able to use the parking. Please could the last person out of the parking, shut the gate. Mr Pittam will lock the gate at 5.00pm each evening.

## Things that may be of interest...



Bedford Borough  
**Mental Health & Wellbeing Hub**

A collection of resources regarding the emotional wellbeing of children & young people and those supporting them in Bedford Borough.

To find out more, please visit:  
<https://localoffer.bedford.gov.uk/mentalhealthhub>

Logos at the bottom include: Bedford Borough Council, NHS Bedfordshire, Luton and Milton Keynes, Bedfordshire NHS, NHS Cambridge and Peterborough Community Services, Parent Carer, CHUMS, keoth, and VCCyfp.

### Dates for your Diary

All dates for the school year can be found on the school website. Please click [HERE](#) to access them.

### R&D Sports Clubs

R&D will be back in school this half term offering the following Afterschool Sports Clubs for years 1-6:

- Monday – Dodgeball
- Wednesday – Dance
- Thursday - Multisport

Bookings need to be made directly with R&D. If you require any assistance please contact the school office.



## CHUMs Workshops

CHUMs is a charity that offers Mental Health and Emotional Wellbeing support for Children, Young People and their families. They have made us aware of some courses that they are running during the coming months. If you would like to apply for any of these you will need to complete a registration form that can be obtained from Mrs Aellen (SENDco). Please note, these courses are only available to families who are registered with a Bedfordshire GP.

### WORKSHOPS

**Parent Sleep Workshop (Children aged 12 and under)** - The workshop will cover the following topics; why sleep is important, what is 'good' sleep, possible causes of sleep difficulties and learning strategies to help overcome sleep problems.

- Monday 27<sup>th</sup> September 9:30-11:30am
- Tuesday 7<sup>th</sup> December 17:00-19:00pm

**0-5 Resiliency Workshop (Parent's only)** - The workshop will look at the importance of relationships, healthy attachment and how children are constantly learning from those around them. It will cover emotional regulation and how parents/carers are in a prime position to model healthy emotional regulation and behaviours. The workshop will also cover strategies and techniques to help build resiliency in children.

- Thursday 28<sup>th</sup> October at 17:00-19:00pm

**Primary Resiliency Workshop (Parent workshop for children aged 6-12)** – The workshop will cover the following topics; mental health vs mental health problems, emotional regulation, psychoeducation around anxiety and low mood, and strategies for relaxation.

- Thursday 9<sup>th</sup> September at 9:30am – 11:30am